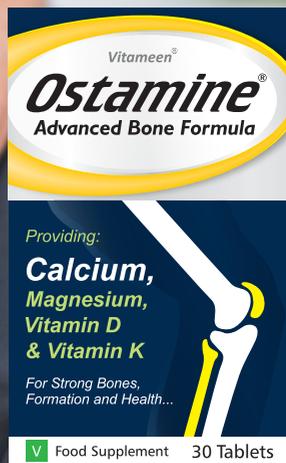


Proudly made in UK



Ostamine®
Advanced Bone Formula



Uses & Effectiveness;

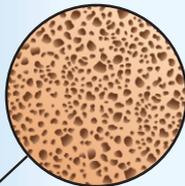
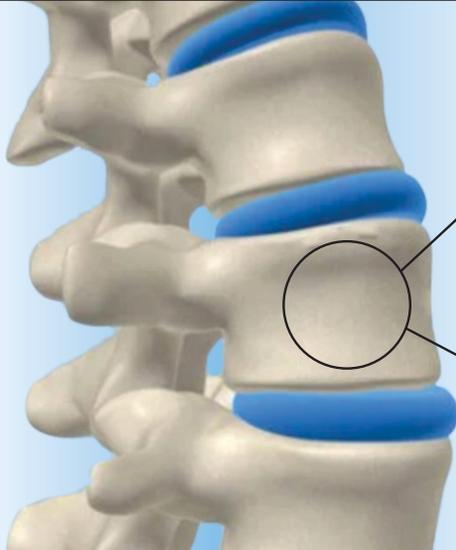
Osteopenia, Osteoporosis, bone formation, bone repair, and bone degradation

Ostamine® is specifically formulated to improve bone mass and restore and maintain bone health, assisting in the prevention and management of Osteoporosis, Osteopenia, bone formation, bone repair and bone degradation.

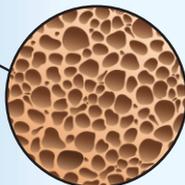
Providing Calcium and Magnesium in the 2:1 ratio, with Vitamin D to support Calcium absorption, and Vitamin K which is essential for strong bone formation and for the body to utilize Calcium in bone tissue, as without adequate Vitamin K, the Osteocalcin remains inactive, and thus not effective.

Ostamine®
Advanced Bone Formula

Bones of steel



Normal bone matrix



Osteoporosis

Vitameen®
Ostamine®
Advanced Bone Formula

Providing:
**Calcium,
Magnesium,
Vitamin D
& Vitamin K**

For Strong Bones,
Formation and Health...

Food Supplement 30 Tablets

Calcium

Ostamine® is a highly absorbable formula, that combines calcium and magnesium at the optimal 2:1 ratio in order to support strong bones and healthy muscle function, and helps reduce the risk of developing osteoporosis, and maintaining a healthy nerve system.

Magnesium

Magnesium helps assimilate calcium into the bone and plays a role in activating vitamin D in the kidneys, which helps maintain normal blood levels of calcium and phosphorous and helps promote calcium absorption. Optimal magnesium intake is associated with greater bone density, improved bone crystal formation, and a lower risk of osteoporosis.

Vitamin D

Vitamin D helps the body absorb calcium and phosphorus, a key minerals for healthy bones and muscles.

Vitamin K

Vitamin K is essential and used in the body to support bone and blood health, playing an important role in keeping calcium in the bones and out of the arteries, reducing the risk of arterial calcification, cardiovascular disease, and a vital support in the reduction and risk of hip fracture.

NUTRITIONAL INFORMATION

Two Tablets typically Provides		% NRV
Calcium	800mg	
Magnesium	375mg	
Vitamin D	5µg	
Vitamin K	75µg	

SUGGESTED USE

Adults; Swallow TWO tablets per day with food.

Or as recommended by a healthcare practitioner.



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